



SUGGESTED INTRODUCTION

Lelia (rhymes with “Amelia”) is a sought-after speaker and writer. She works with people and organizations that want to lead with authenticity to create happier, more effective teams.

Described as “the confidence fairy godmother we all need,” Lelia’s written over 150 articles in national publications including *Huffington Post*, *Forbes*, and *Harper’s Bazaar*.

Her book *You Got This: The Ultimate Negotiation Guide for Professional Women* provides a “fresh and instantly applicable” toolkit for anyone ready to develop their own authentic voice in negotiation.

Finally, as a New Orleans native and enthusiast, Lelia freely uses the word “y’all” in professional correspondence and dedicates an entire closet to costuming.

Please join me in welcoming Lelia Gowland!

Pronunciation guide

Lelia: Leel-yuh, rhymes with Amelia

Gowland: like cow land with a ‘g’